



Post-operative instructions

After having a tooth removed there are some things that you may encounter during your healing process.

Please try to follow these instructions as much as you can to prevent pain and infection.

- Make sure to apply pressure on extraction site by leaving the applied gauze for at least 1 hour, replacing it only if it gets full of blood.
- No smoking for 48 hours.
- No Alcohol for 48 hours.
- Avoid hot food or drinks for 24 hours.
- Start Salt water mouth rinses 24 hours after extraction, Make sure to rinse after each meal for at least 3 days.
- Brush gently in that area, do not stop brushing completely.
- If you feel pain after 2 days then most likely it will be a condition called Dry socket has developed. It is easily managed please just give us a call.

If you have any concern call us on 4329 3003